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SafeLase Laser Institute:

Recently I made the decision to expand my medical practice to encompass laser esthetics. After inquiring about laser training I was astonished to find many physicians forgo any rigorous laser training and rely on a day or two in-service offered by the laser company. In my opinion this was completely unacceptable, it required four years of study to become a board certified anesthesiologist and I wanted my laser practice to be just as credible. A brief internet search lead me to the 75 hour laser course offered by the Prete family and the SafeLase Institute. The home page discussed the course which seemed to offer just what I was searching for. The price however seemed excessive but still the brochure stated all the education we would receive including hands on training and receive laser safety officer certification. The SafeLase program seemed to offer more than any other available program so, I paid the tuition. A fantastic decision.

As a physician who adores continuing education I accumulate at least 100 continuing education hours per year. I have taken classes at some of the finest medical institutions on the east coast and I can say hands down that the 75 hour laser class from SafeLase was the most well planned and presented course I have ever attended. On the first day a tabbed 2 inch binder was handed out to the class. It contained all the essential notes for the first week of study. This included laser physics and topics discussing laser hair removal. Mrs. Prete also included all the pertinent laser settings for any situation and included some that she found to be helpful in her years of practice. Furthermore, the binder was full of medical indications and contraindications for a laser procedure. Pertinent information was included regarding the different laser companies highlighting positives and shortfalls of each brand. The binder even included a section regarding office documentation including pre/post procedure notes, consents, anatomical charts and payment sheets. Another binder was delivered on week two that covered the specialized therapies. This was a complete program, start to finish.

SafeLase was not kidding when they stated there will be daily hands on training. They arranged for multiple lasers to be available at all times and unlike other "hands on" classes where see one do one is the buzz word this was more to the tune of see thirty do fifty. The amount of hands on laser time was measured in hours per day. Every student participated until everyone was proficient. The Prete family, all of which are laser experts were always vigilant in ensuring the students were following safe laser practice. At the end of each week a written exam and a live patient practical performed. Grading was based on accurate pre laser assessment, proper informed consent, development of a rational, well executed treatment plan and proper homecare instructions.

The second week focused on specialized areas and procedures that included removal of solar lentigenes, pigmented lesions, wrinkle removal, telangectasia, small vein laser removal as well as roseacea therapy. Again, all the specialized lasers were discussed and the importance of utilizing the proper system for each pathology. At one point a laser physicist presented a topic as well as several laser sales persons.

As the class came to a close I realized how much information there is to understand in order to provide the best outcome and safest treatment for your patient/ client. I also left with the understanding that I now felt completely competent to utilize any laser system properly with full understanding of the laser physics and its physiological impact on tissue.

The Prete family disseminated their knowledge in laser esthetics in a confident and non condescending manner. It was clear that this is a labor of love for them and they created a pleasant and enjoyable atmosphere at all times. Again, downtime was short and the class time encompassed the full eight hour day.

If you are still unsure that you should attend this course you have to remember, you chose this field to help people no matter what your title is be it physician, nurse or esthetician. In-services will give you the knowledge to probably handle the common cases but the mark of a true expert is one who can handle the uncommon situation. The SafeLase 75 hour laser course will clearly provide you with that Knowledge.

Sincerely,

Glenn J. Messina M.D.